

Central Regional Cancer Program

Ontario Health (Cancer Care Ontario)

A Newsletter for Primary Care Providers

SEPTEMBER 2022

THE QUARTERLY

Message from Dr. Lisa Jong, Regional Breast Imaging Lead RE: Breast Assessment (with Tissue Biopsy) Wait Time Targets

Dear Primary Care Providers,

Thank you for continuing to support the OBSP and encouraging your patients to resume breast screening as we work through the challenges of COVID on our health care system. We have been in the catch up phase of screening for months now and the backlog is being cleared but please continue to reassure your patients that breast screening is safe and available again.

One challenge that our region is encountering is meeting the OBSP Wait Time - with Tissue Biopsy indicator. This is the seven week diagnostic interval indicator that represents the percentage of Ontario screen eligible women ages 50-74 with an abnormal OBSP screening mammogram result who needed a tissue biopsy and were diagnosed within 7 weeks of their abnormal screen date. **Our wait time in the Central region is currently 79.6%, below the national target of 90% or greater.**

Some contributing factors may be participants who require a tissue biopsy may be referred to another assessment site, wait time delays for biopsy due to COVID backlog, human resource limitations as burn out pervades the system, and delay in sending referrals to assessment sites when a tissue biopsy is recommended. To avoid delays, **please fax referrals to assessment centres ASAP upon receiving notice that your patient requires a biopsy so the procedure can occur in a timely manner.** Your cooperation and prompt referral to assessment sites is greatly appreciated.

Dr. Kaplan, our Regional Primary Care Lead has generously agreed to be a designated physician for OBSP participants without a primary care provider. However, we are always looking for more volunteers to help with these patients. Please contact [Stephanie Callaghan](mailto:scallaghan@southlakeregional.org) at scallaghan@southlakeregional.org if you are interested in this important role.

On a final note, we are excited to share that OH-CCO will be onboarding new High Risk OBSP sites in the Central region which should help alleviate wait times and improve access to annual MR breast screening for our high risk patients. Please remind participants enrolled in the High Risk program that only High Risk sites are currently able to perform annual breast MR screening (Markham Stouffville Hospital and North York General Hospital). You can access the **High Risk OBSP screening requisition and criteria** [here](https://bit.ly/2yKEhmX): bit.ly/2yKEhmX

Warm regards,
Lisa



Breast Screening - Frequently Asked Question:

Is a yearly mammogram recommended for patients with breast densities C and D? If so, will OBSP recall the patient or is a physician referral required?

Currently, BI-RADS breast density categories are not used by the program to determine when a participant should be recalled for their next mammogram. Based on evidence, the OBSP recommends participants with 75% or higher mammographic (breast) density be recalled for their next screening mammogram in one year. This is not based on BI-RADS breast density categories. If the mammogram shows breast density of 75% or higher, patients will automatically get recalled for annual mammography.

Have a question related to cancer screening? Send your questions in to our Regional Leads by emailing ralidina@southlakeregional.org.

Ask a Question

Program Updates and Reminders



Central Region Cancer Screening Programs Data Update

To view the most recently available data (as of August 15, 2022) on the breast, cervical, and colorectal screening programs participation rates [click here](#).

If you have any questions or feedback related to the data, please [contact us](#) at icsregional@southlakeregional.org

Quick Links - Screening Recommendations

OBSP:

- [Breast Screening Guidelines Summary](#)
- [Breast Density Information](#)

CCC:

- [Guide to Average-Risk Screening with FIT](#)
- [Post-Polypectomy Surveillance Recommendations](#)

OCSP:

- [Cervical Screening Guidelines Summary](#)

To request hard copies of any of these guidelines to be mailed to your practice, please [contact us](#) by emailing icsregional@southlakeregional.org.

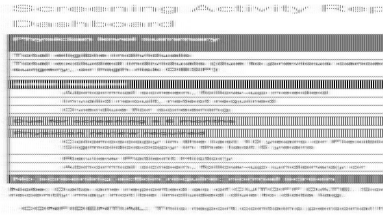
CCC: Considering Where FIT+ Follow-Up Occurs

FIT+ colonoscopies are more complex than screening (low-risk) colonoscopies because they require more expertise, time and resources. Patients with an abnormal FIT result should be referred to a facility that offers FIT+ colonoscopy.



Please consider referring your FIT+ patients to one of the six hospitals in the Central Region. These sites have been funded by Ontario Health (Cancer Care Ontario) to provide

colonoscopies for patients with an abnormal FIT. A list of all Ontario Health-funded sites can be found here: cancercareontario.ca/FITcolonoscopy



Assign a Delegate to Your Screening Activity Report (SAR)

Current evidence suggests that physicians who assign a delegate have higher cancer screening participation rates in their practice.

A delegate is set up with their own ONE ID and can access your SAR reports. By authorizing a delegate in your office (e.g. a nurse, an office manager, or an administrative staff member), tasks such as identifying patients who require action/follow-up or are overdue for their screening can be shared among the team. [Learn more](#) at cancercareontario.ca/SAR or contact_ralidina@southlakeregional.org to get started.

[Assign a Delegate](#)

Regional Initiatives and Resources

Regional 2S-LGBTQ+ Cancer Strategy - Health Care Provider Survey

The Central Regional Cancer Program is working to develop a Regional 2SLGBTQ+ Cancer Strategy. As part of our community needs assessment to inform this strategy and the development of new educational and training opportunities, we are collecting feedback from all health care providers providing services in the Central Region (York Region, South Simcoe, and North York) through this short survey.

To thank you for your time and feedback, you will have the to option enter into a draw to win **one of three \$50 Visa gift cards**. The first 50 respondents will also be entered into a draw to win **one of two \$50 Visa gift cards**. The survey will close on **September 30th, 2022**. The survey can be accessed at www.surveymonkey.com/r/2SLGBTQcancer

[Take the Survey & Enter for a Chance to Win a \\$50 Visa Gift Card](#)

Coming up in October: Breast Cancer Awareness Month and Cervical Cancer Awareness Week

Please join us in raising awareness of Breast Cancer and Cervical Cancer this October. You can access patient education material to display during this month, such as



posters, post cards, waiting room screen savers, etc. [here](https://bit.ly/3EfPFLI): <https://bit.ly/3EfPFLI>

If you would like hard copies of any of the posters and/or post cards in different languages, please **contact us** with your preferred languages and quantities to be mailed to you.



Indigenous Cancer Screening Resources

There are several resources available for Indigenous people and communities to help provide education and awareness about Ontario's breast, cervical, and colorectal screening programs.

These resources can be accessed online at cancercareontario.ca/en/get-checked-cancer/indigenous-cancer-screening-resources



Southlake's Skin Cancer Diagnostic Assessment CI Now Taking Referrals

If any of your patients have any skin care concerns, you can refer them to the Skin Cancer DAP for rapid assessment, biopsy and inter-disciplinary management. The referral form can be accessed at <https://bit.ly/3rf9J8S>

Referrals: Phone: 905-895-4521 ext. 2960
Fax:905-895-2819

Testing and Management of Monkeypox

Ontario Health has provided guidance on the testing and management of Monkeypox for primary care providers.

[View Testing and Management of Monkeypox: Information for Primary Care Providers](#)

[Access your SAR](#)

[Enrol for your SAR](#)

[Enrol for PLC](#)

Learn More About
Us

Contact Us

Central Regional Cancer Program | 596 Davis Drive, Newmarket, L3Y 2P9 Canada

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